

LUNCH AND BREAKFAST PROGRAMS — OFFER VS. SERVE

Lunch Program

In accordance with the regulations governing the National School Lunch Program, each school shall offer its students all five (5) required food components (meat/meat alternative, whole grain, fruit, vegetable, milk) as needed to meet the minimum lunch quantities. Elementary school and middle school students must select at least three (3) components, one of which must be ½ cup of fruit or vegetable. The price of a reimbursable lunch shall not be affected if a student declines food items or accepts smaller portions.

Breakfast Program

In accordance with the regulations governing the National Breakfast Program, each school shall offer its students three (3) components in four (4) food items (whole grain – with optional meat/meat alternative allowed, juice/fruit/vegetable, milk). Elementary school and middle school students must select at least three (3) components, one of which must be ½ cup of fruit or vegetable. The price of a reimbursable breakfast shall not be affected if a student declines a food item or accepts smaller portions.

Adopted: December 14, 2015