

School Information: Happy Summer



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday

Tuesday

Wednesday

Thursday

Friday

Chicken Burger
Fruit/Veg
Milk

2

Turkey & Gravy
Fruit/Veg
Milk

3

Closed
Happy 4th of July

4

Pizza
Fruit/Veg
Milk

5

Hot Dog
Fruit/Veg
Milk

6

Rib-a-que
Fruit/Veg
Milk

9

Chicken Stew
Crackers
Fruit/Veg
Milk

10

Stuffed Shells
Fruit/Veg
Milk

11

Pizza Sticks
Fruit/Veg
Milk

12

Hamburg
Fruit/Veg
Milk

13

Boneless Chicken
Cheesy potato
Fruit/Veg
Milk

16

Beef Stew
Roll
Fruit/Veg
Milk

17

BBQ Pork
Fruit/Veg
Milk

18

Pizza
Fruit/Veg
Milk

19

Cheeseburger
Fruit/Veg
Milk

20

Chicken Nuggets
Fruit/Veg
Milk

23

Fish Sticks
Fruit/Veg
Milk

24

Mac & Cheese
Fruit/Veg
Milk

25

Pizza Sticks
Fruit/Veg
Milk

26

Ham & Cheese Sandwich
Fruit/Veg
Milk

27

Corn Dog
Fruit/Veg
Milk

30

Hot Turkey Sandwich
Fruit/Veg
Milk

